



**DE
MOOIE
UITZICHT**
RESTAURANT

GUANO CAVES RESORT

Guano Caves Resort is in the picturesque town of Montagu in the Western province of South Africa. Montagu is renowned for its scenic beauty, hot springs and outdoor activities, an ideal destination for nature lovers and adventure enthusiasts.

The resort is nestled amidst the majestic Langeberg Mountain Range, offering guests stunning view and tranquil atmosphere. The surrounding landscape is characterized by ragged cliffs, lush valleys and abundant flora and fauna creating a true paradise.

Guano Caves Resort is built around a network of fascinating limestone caves, which are a prominent feature of the property. These caves provide a unique and enchanting setting offering guests an opportunity to explore underground marvels and learn about the geological history of the region.

The resort offers a range of accommodation options to suit different preferences and budgets. From cozy cottages to luxury chalets. Guests can choose the type of lodging that best suits their needs. Each accommodation option is designed to provide comfort, privacy, and a home away from home experience.

One of the highlights of Guano Cave Resort is its outdoor activities. Guests can embark on hiking trails that wind through the surrounding mountains offering views and opportunities to observe the diverse wildlife and bird species in the area.

For those that seek relaxation, the resort features a heated indoor Roman Bath, heated outdoor swimming pools, beach pool, cold water swimming pools, super tube and water slides and lush gardens where guests can unwind and soak up the sun. Additionally, the nearby hot springs of Montagu are renowned for their therapeutic properties, providing a rejuvenating experience for visitors.

Guano Caves Resort is committed to sustainable practises and environmental conservation. The owners prioritize persevering the natural beauty of the area and minimizing the ecological footprint of the Resort. They actively promote responsible tourism and encourage guests to appreciate and respect the surrounding environment.

The resort offers a range of amenities and facilities to enhance the guests stay, including a restaurant serving delicious cuisine, a bar for socializing and unwinding, and conference facilities for business and gatherings or special events.

Guano Caves Resort is not only a popular destination for leisure travellers but also a sought-after venue for weddings and other special occasions. The unique surroundings and attentive service make it an idyllic setting for creating unforgettable memories.

The warm and welcoming hospitality of the owners, Johann and Yolande Wolmarans is often praised by guests. Their passion for the resort and dedication to providing a memorable experience shines through in every aspect of the guests stay, making Guano Caves Resort a cherished destination for travellers seeking a blend of natural beauty, adventure and relaxation.

DE MOOIE UITZICHT RESTAURANT

De Mooie Uitzig is a charming and inviting restaurant that delights guests with its picturesque setting and exquisite cuisine. The name, which translates to “The Beautiful View” in English, perfectly encapsulates the breathtaking vistas that can be enjoyed while dining at this establishment.

Nestled in a scenic location, De Mooie Uitzig offers a serene ambiance where guests can unwind and indulge in a culinary experience like no other. The restaurant’s interior is tastefully designed, combining elements of elegance and comfort to create a welcoming atmosphere for diners.

At De Mooie Uitzig, the menu is a culinary masterpiece, featuring a fusion of Flavors and a creative approach to traditional and contemporary dishes. The talented chefs use only the freshest and finest ingredients, ensuring that each plate is a work of art bursting with delightful Flavors.

Whether it’s a romantic dinner for two, a family celebration, or a gathering of friends, De Mooie Uitzig provides a perfect setting for any occasion. The attentive and friendly staff provide impeccable service, ensuring that every guest feels pampered and well cared for throughout their dining experience.

As the name suggests, De Mooie Uitzig offers more than just delicious food, it presents diners with a feast for the eyes as well.

WHERE IT ALL STARTED:

Johann and Yolande Wolmarans, and their 3 children, Jobert, Lehandre and Almay, the proud owners of Guano Caves Resort, are passionate individuals who have dedicated themselves to creating a unique and unforgettable experience for their guests. Their vision for the resort stems from a deep appreciation of the natural beauty and serenity that surrounds the caves.

Johann and Yolande’s journey began when they stumbled upon the breathtaking Guano Caves and were instantly captivated by its charm. Recognizing the potential of this hidden gem, they embarked on a mission to share its beauty with others. Their commitment to providing a clean, safe, and enjoyable facility is at the core of their vision.

Their genuine desire to create a warm and welcoming atmosphere has transformed Guano Caves Resort into a haven for relaxation and adventure. Whether guests seek a peaceful retreat, or an exciting exploration of the surrounding nature, Johann and Yolande have meticulously curated an experience that caters to every individual’s needs.

With a keen emphasis on exceptional service and attention to detail, Johann and Yolande have created a haven that exceeds expectations. They take pride in ensuring that every aspect of the resort, from the accommodations to the activities, meets the highest standards of quality.

Johann and Yolande are driven by their love for the area and their desire to share it with friends and guests. Their commitment to providing a clean safe, and enjoyable facility is a testament to their dedication and their warm hospitality ensures that all who visit Guano Caves Resort, have an unforgettable experience.

NOTE - Before you order, please bring all food allergies under the attention of your waitron!

.....

BREAKFAST

– served ALL day

English Breakfast **R125**

2 eggs, 2 bacon, boerewors,
pan fried mushrooms, grilled
tomato, chips and 2 toast

Mini English Breakfast **R79**

2 eggs, 2 bacon, grilled tomato,
chips and 1 toast

3-Egg Omelette **R45**

choose your own fillings from
add-ons (at own cost)

Breakfast Roosterkoek **R65**

Egg, bacon and cheese

Chicken Livers (Hot or Not) **R75**

With your choice of toast,
Roosterkoek or Croissant

Scone **R55**

A large scone with jam, butter
and cheese

Add whipped cream **R25**

Croissant **R65**

Freshly baked croissant served
with butter, jam and cheese

Add whipped cream **R25**

ADD-ONS

Extra toast **R10**

Croissant, Roosterkoek **R35**

Egg, tomato **R15**

Fried Mushrooms **R25**

Bacon (2), Sausage **R30**

Cheese **R18**

Chicken (topping) **R45**

BBQ rib (topping) **R55**

Steak strips **R55**

Chips **R30**

Side Salad **R35**

KIDS

– only for under 12s

Kids Breakfast **R55**

1 egg, 1 bacon, 1 toast

Fish Fingers **R60**

Served with chips

Kids Cheese Burger **R70**

Served with chips

Chicken Strips **R70**

Served with chips

LIGHT MEALS

Poke bowl	R125	Chicken Korma	R145
Sushi rice, topped with Edamame beans, onion, cucumber, avo, teriyaki sauce and sesame seeds		A mildly spicy curry chicken dish, served on a bed of rice and served with salsa.	
Add Salmon	R65	Chicken Wings	R95
Add Chicken	R45	300g of panfried chicken wings with a rich homemade basting sauce served with chips	
Mexican Nachos	R85	Ribs	R155
Served with guacamole and salsa		400g portion of pork ribs with our homemade basting sauce served with freshly cut chips.	
Add Chicken	R45	Chef's Choice Ciabata	R155
Add Bacon	R35	Toasted and topped with bacon, chicken, rocket, homemade pickles, onion, cream cheese and chili mayo with avo slices and a small portion of chips	
Add Mince	R35	Classic Veggie Ciabata	R125
Add Beef Strips	R55	Toasted and topped with fresh grilled vegetables, cream cheese, rocket, homemade pickles, served with a small portion of chips	
French Italian Croissant	R85	LOADED FRIES	R75
A Freshly baked croissant lightly toasted and topped with bolognaise mince and cheese		with bacon, onion and cheese	
Chicken Schnitzel	R145	VEGGIE LOADED FRIES	R75
Crumbed chicken breast fillet with sauce of your choice served with fries or a side salad, and onion rings.		with peppers, mushrooms and cheese	
Hawaiian Schnitzel	R175	Portion Of Chips	R45
Crumbed Chicken breast fillet topped with bacon, cheese and pineapple served with fries or a side salad and onion rings.			
Cheddamelet Schnitzel	R175		
Crumbed Chicken breast fillet topped with cheese and mushroom sauce, served with fries or a side salad and onion rings.			

TOASTED SANDWICHES

Includes cheese and served with chips or a side salad on your choice of white or brown bread

Bacon, Egg and Cheese	R75
Bacon and Cheese	R65
Ham and Cheese	R60
Ham, Cheese and Tomato	R70
Cheese and tomato	R65
Plain cheese	R50
Bacon, Avo, Feta and Cheese	R75
Chicken Mayo	R75

WRAPS

Made with our famous secret sauce, served with a small portion of chips or salad

Chicken Wrap	R115
Grilled chicken, mushrooms, tomato, onions and lettuce	
De-Boned Rib Wrap	R125
Flame grilled de-boned rib, lettuce, cucumber, onion	
Beef Wrap	R130
Panfried beef strips with homemade basting sauce, green peppers, lettuce and onion	
Smoked Salmon Wrap	R135
Smoked salmon, cream cheese, onion, avo and rocket	

COMBOS & PLATTERS

Ribs & Calamari Combo	R220
400g Flame grilled ribs with deep fried calamari and served with chips and tartare sauce	
Rib And Chicken Wing Combo	R220
400g Flame grilled rib pieces with panfried chicken wings served with our secret sauce and chips	
Cave Platter	R220
200g ribs, chicken strips, chicken wings, jalapeno balls, chips, onion rings, sweet chilli and tartare sauce	

Build Your Own Platter

(Allow 30-45min preparation time)

- Ribs (200gr)	R75
- Chicken strips	R60
- Chicken wings	R65
- Beef strips	R50
- Mini Meatballs	R50
- Vianas	R40
- Samoosas	R40
- Spring rolls	R40
- Pickled eggs	R30
- Jalapeno balls	R60
- Crumbed mushrooms	R65
- Calamari	R70

ROOSTERKOEK

Traditional flame baked bread with your choice of filling and served with a small portion of chips

Chicken Mayo	R78
Curry Mince	R78
Boerewors And Relish	R85
Bacon, Avo And Feta	R75
Jam, Butter And Cheese (No Chips)	R42
Plain, Butter And Cheese (No Chips)	R38
Plain Butter (No Chips)	R26
Ham, Cheese And Tomato	R68

We also sell frozen ROOSTERKOEK to take home and serve with your next braai like a PRO!

4 Frozen Roosterkoek or each	R70 R18
-------------------------------------	--------------------

.....

STARTERS

3 Jalapeno Balls Homemade jalapeno balls served with guacamole and salsa	R75
Calamari Deep fried calamari served with tartare sauce and lemon	R85
Peri Peri Chicken Livers (Hot or Not) Creamy chicken livers served with home baked bread and butter	R85
Crumbed Mushrooms Juicy crumbed mushrooms served with homemade tartare sauce	R85
5 Vegetable Spring Rolls Served with sweet chilli sauce	R65

SALADS

Greek Salad Crisp lettuce, tomato, feta, olives, cucumber, red onion with our homemade dressing	R105
---	-------------

Chicken Salad Grilled chicken strips, bacon and mushrooms on a basic Greek salad served with homemade dressing	R145
--	-------------

Farmer Salad Biltong shavings, pan fried beef strip on a bed of green salad with our homemade salad dressing	R145
--	-------------

Calamari Salad Fried calamari on a bed of green salad and served with a lemon and herb dressing	R155
---	-------------

Salmon Salad Thinly sliced smoked salmon served on a bed of green salad served with mayo and homemade dressing	R165
--	-------------

PASTA

Spaghetti Bolognaise R145
Made with our delicious homemade bolognaise sauce

Biltong Mushroom Pasta R165
Biltong shavings, garlic and creamy mushroom sauce

Alfredo Pasta R150
Ham, garlic and creamy mushroom sauce

Chicken Pasta R150
Panfried chicken strips in a creamy mushroom sauce

.....

VEGETARIAN

8 Vegetable Spring rolls R95
Served with sweet chili sauce and crisp fried potato chips

Classic Veggie Roosterkoek R125
Grilled vegetables, cream cheese, rocket, homemade pickles

Vegetarian Burger R125
Chickpea burger served on a toasted bun with rocket, chopped onion, cucumber, tomato and our secret sauce

Green Side Wrap R105
Layers of rocket, avocado, cucumber, green peppers and fried mushrooms

Vegetable Pasta R120
Grilled peppers, baby marrow, broccoli, onions made with a creamy mushroom sauce served on a bed of Fettuccini

Vegetarian Pizza R145
Homemade pizza base with olives, peppers, mushrooms, baby marrow and rocket leaves

MAINS

Served with chips/ salad/ onion rings/ vegetables

Add sauce of your choice R45
Mushroom, Pepper, Cheese or Garlic cheese

300gr Sirloin Steak R170
made to your perfection

300gr Rump Steak R175
made to your perfection

600gr Flame Grilled Pork Ribs R195
with our homemade marinade

CHICKEN WINGS R145
Made with our homemade basting sauce, served with chips and onion rings

TOMATO STEW R145
Homemade Traditional tomato stew, served with rice and vegetables

OXTAIL R185
Delicious tender pieces of oxtail in a brown creamy homemade sauce, served with rice and vegetables

LAMB CURRY R175
A delicious mildly spicy lamb curry served with rice and veg

Sole R185
grilled, finished with a herby lemon butter

Kingklip R175
grilled, finished with feta and cherry tomatoes

BURGERS

Made with 100% pure home-made beef patty or chicken breast, and served with chips and our home-made secret sauce on a seeded toasted bread roll

The “Flippen Lekker” Burger R125
(A Must Have!)

Toasted seeded bread roll with a grilled beef patty, lettuce, cucumber and tomato with our secret sauce

Caveman Burger R175

Double beef or chicken burger, lettuce, cheese, tomato, gherkins, chopped onion, cucumber

Mushroom Burger R135

Single Burger patty or chicken breast with lettuce, onion, tomato, cucumber, and fried mushrooms or mushroom sauce

Cheese Burger R135

Single Burger patty or chicken breast with Double cheese, lettuce, chopped onion, tomato, cucumber and our secret sauce

Hawaiian Burger R145

Single Beef patty or chicken breast with lettuce, cheese, onion, tomato, cucumber, pineapple and our secret sauce

Sunrise Burger R145

Single Beef patty or chicken breast with bacon, egg, tomato, lettuce, cucumber, cheese and our secret sauce

Avo, Mushroom and Bacon Burger R155

Single Beef Patty or chicken breast with lettuce, chopped onion, tomato, cucumber, avocado, bacon, mushrooms or mushroom sauce

.....



PIZZAS

Homemade base and topped with a light tomato sauce and mozzarella and cheddar cheese mix

Margarita R105

Traditional mozzarella and cheddar cheese

Caveman R180

Salami, ham, bacon, peppers and mushroom

BBQ Rib R150

Strips of juicy ribs, grilled to perfection with peppers, onion, tomato and gherkins

Bat R145

Bacon, banana & garlic with avocado

Hawaiian R135

Baked with ham & pineapple

Chicken Mayo R140

Creamy chicken mayo with spring onion topping

Bermuda R160

Tender chicken, bacon, peppadew and feta

Beefmaster R150

Beef strips panfried in our homemade basting sauce with peppers, mushrooms and onion

Biltong Pizza R180

Biltong shavings, red onion, garlic, avo, rocket, balsamic reduction

FAB R155

Topped with bacon, avo and feta

The Magnificent R145

Chicken, rocket leaves, feta, peppadews and olives

Build your own Pizza R65

Homemade pizza base with delicious tomato sauce

Ham/ Bacon/ Salami/ Chicken / Rib Strips R45

Mix Cheddar & Mozzarella/ Feta R30

Olives/ Mushrooms/ Avo R25

Rocket/ Baby marrow

Peppers/ Peppadew/ R20

Onion/ Pineapple/ Mayonnaise

DESSERT

Cakes R65

Ask your waitron for our selection of home baked cakes

Scones R55

Served with jam, cheese and butter
Add whipped cream R25

Croissant R65

Home baked croissant, lightly toasted and served with jam, cheese and butter

Ice Cream R65

Delicious vanilla ice cream served with chocolate sauce

Crème Brûlée R75

Homemade dessert with caramelized sugar on top

Messy Cave R75

Delicious vanilla ice cream with meringue pieces and frozen berries

Waffles – Belgium of Bubble R65

Served with 1 scoop ice cream and chocolate sauce or maple syrup and 2 toppings of your choice

HOT DRINKS

Americano	R30
Hot Chocolate	R35
Cappuccino	R35
Irish Coffee	R55
Café Latte	R35
Mocha Chino	R40
Flat White	R35
Railway Coffee	R40
Strong black coffee with condensed milk	

BEVERAGES

Water still / sparkling	R18
Soda water	R20
Tonic water	R20
Coke/ Coke Light/ Coke Zero	R20
Fanta Orange/Lemon Twist/ Grenadilla Twist/ Crème Soda/ Sparberry /Stoney/ Sprite	R20
Dry Lemon/ Lemonade	R20
Grapetizer/ Appletizer	R30
Cranberry/ Grapefruit/ Apple Juice/ Orange	R25
Floats	R48
Milkshake	R50
Fruit Smoothie	R60
Ask for available flavours	
Don Pedro	R55
Vietnamese Ice Coffee	R50

MOCKTAILS

Harvey Blend	R55
Orange juice, grenadine and crushed ice	
Fruity Fruitina	R55
Fruitina slush puppy with fruit pieces	
Little Orié	R55
Orange juice a dash of Grenadine and crushed ice	
Berry Tuti	R55
Berries with grenadine and crushed ice	
Yellow Delight	R55
Passion fruit, grenadine and crushed ice	
Slushies	R30
Ask for available flavours	

NON – ALCOHOLIC

Virgin Pina Colada	R60
Virgin Margarita	R60
Virgin Cosmopolitan	R60
Strawberry & Ginger Spike	R60
Rock Shandy with a Twist	R65
Rock Shandy	R60
Frozen Sex on the Beach	R65
Frozen Strawberry Daiquiri	R65
Frozen Mojito	R65
Frozen Margarita	R65
Sexy Bubble Limonade	R65
- Melon with Litchi bubbles.	
- Cherry with Cherry Bubbles.	
- Apple with Passion fruit Bubbles.	

FROZEN COCKTAILS

Each R70

- Sex on the Beach + Vodka
- Strawberry daiquiri + Vodka
- Mojito + Vodka
- Margarita + Vodka

ADULT MILKSHAKES

Each R70

- Mango
- Coffee
- Cookies and Cream
- Peach
- Red Velvet
- Marshmallow
- Bubblegum
- Peppermint
- Caramel
- Peppermint Crisp
- Bar One

LIQUORS

Amarula/ Blue Caraçao/ Cape Velvet R28

Jägermeister/ Tequila R32

Old Brown Sherry R30

BEVERAGES

Windhoek Draught R35

Windhoek Lager/ Castle Lager /
Castle Light/ Amstel/ Black Label R28

Heineken/ Four Cousins Fiver/
Savanna Dry/ Savanna Light/
Hunter's Dry / Hunter's Gold/
Flying Fish/ Corona R35

PER TOT

Captain Morgan Dark Rum/
Spice Gold/ Red Heart Rum R22

Whisky Shot/ Vodka Shot/ Gin Shot R22

Bacardi Rum/ KWV 3yr/ Richelieu R25

KWV 5yr/ Jameson/ Ballentine's R28

Brandy Shot R20

Johnny Walker Red R35

Johnny Walker Black R38

COCKTAIL MENU

MARGARITA R70

Tequila shaken cold with citrus liqueur & sugar extract

SEA BREEZE R70

Vodka, grapefruit & cranberry juice

HARVEY WALL BANGER R70

Vodka & orange juice, drizzled with galliano

ROCK SHANDY R70

Lemonade, soda water, with a splash of bitters

COSMOPOLITAN R75

Vodka, citrus lime & cranberry juice

LONG ISLAND ICE TEA R95

Vodka, tequila, rum, triple sec, gin & a splash of coke

TEQUILA SUNRISE R70

Tequila, orange juice and grenadine

SCREW DRIVER R65

Vodka & orange juice

SINGAPORE SLING R75

Gin, triple sec and juice

BLUE MONDAY R75

Vodka, citrus liquor & blue curacao

BLOODY MARY R75

Vodka, tomato juice finished with worcestershire sauce, tabasco & black pepper

MOJITO R70

Rum with fresh lime, mint, sugar & soda water

PINA COLADA R70

Rum, pineapple and coconut cream

FIZZY GIN & TONIC R70

Peach, Watermelon or Strawberry

LAVENDER GIN FIZZ R75

Blend of galactic spirit glitter gin, lavender syrup & lime juice

CUCUMBER BASIL GIMLET R70

Blend of galactic spirit glitter gin, cucumber & lime juice

CLASSIC BRANDY SOUR R70

Blend of galactic spirit glitter brandy, luscious syrup & lime juice

SPICED APPLE SIDECAR R75

Blend of galactic spirit glitter brandy, luscious syrup, lime juice & apple syrup

LEMON BERRY BREEZE R75

Blend of galactic spirit glitter vodka, luscious syrup, lime juice, muddled strawberries & soda water

CUCUMBER COOLER R70

Blend of galactic spirit glitter vodka, luscious syrup, lime juice & cucumber

CITRUS SUNRISE R75

Blend of galactic spirits glitter vodka, luscious syrup, lime juice, orange juice & grenadine

THE 'KILLA SUNRISE R75

Galactic spirit the'killa, orange juice and a drizzle of grenadine

SEXY Rose Bubble G&T R75

Gin and tonic, garnished with rose bubbles

WINE LIST

BRUT

Montagu Chenin Blanc Brut R215
Grape: Chenin Blanc

Christiena Cap Classic Brut R305
Grape: Chardonnay Pinot Noir

Christiena Cap Classic Brut Rosé R305
Grape: Pinot Noir

Robertson Sparkling Brut R200
Grape: Sauvignon Bland, Colombar

Robertson Sparkling Brut Rosé R200
Grape: Cinsaut

SPARKLING WINES

Robertson Sparkling Sweet White R170
Grape : Chenin, Colombar

Robertson Sparkling Sweet Rosé R170
Grape : Chenin, Colombar

Robertson Sparkling Sweet Red R190
Grape : Pinotage, Cabernet, Shiraz

Van Loveren Four Cousins Blush R185

ROSÉ

Lady Mary Montagu Pin Moscato R160

Robertson Light Pinotage Rosé R160

Zandvliet Syrah Rosé R155

WHITE WINE

Zandvliet Chardonnay R215

Blaauwklippen Chardonnay R280

Christiena Chardonnay R265

Blaauwklippen Sauvignon Blanc R225

Christiena Sauvignon Blanc R265

Van Loveren Sauvignon Blanc R130

Lady Mary Montagu Sauvignon Blanc R150

Robertson Light Sauvignon Blanc R160

Blaauwklippen Chenin Blanc R175

Van Loveren Chenin Blanc No.5 R130

Montagu Chenin Blanc R150

Robertson Light Chenin Blanc R160

Van Loveren Colombar R130

RED WINE

Zandvliet Shiraz	R215
Zandvliet Hill Enon Grape: Shiraz	R650
Kalkveld Shiraz	R410
Christiena Syrah	R375
Van Loveren River Red Grape: 60% Shiraz, 40% Pinotage	
Christiena 9 Barrels Pinotage	R530
Van Loveren African Java Grape: Pinotage	R165
Blaauwklippen Malbec	R350
Blaauwklippen Zinfandel	R250
Blaauwklippen Cabernet Sauvignon	R350
Montagu Cabernet Sauvignon	R215
Van Loveren Cabernet Sauvignon Merlot Grape: 60% Cabernet Sauvignon, 40% Merlot	R165
Van Loveren Merlot	R165
Robertson Light Merlot	R180
Montagu Merlot Ruby Cabernet Grape: 80% Merlot, 20% Ruby Cabernet	R175

SWEET WINE

Zandvliet Natural Sweet Grape: Muscat Blanc	R155
Montagu Red Muscadel	R215

NON-ALCOHOLIC

Almost Zero Radiant Red	R135
Almost Zero Ravishing Rosé	R125
Wonderful White Almost Zero Robertson Non-Alcohol	R125
Dry White Sparkling Robertson Non-Alcohol	R170
Sweet Rosé Sparkling Robertson Non-Alcohol	R180
Sweet White Sparkling Robertson Non-Alcohol	R170
Dry Rosé Sparkling	R180
Van Loveren Red Papillon Sparkling	R160
Van Loveren White Non-Alcohol	R160

VRL
VAN LOVEREN

Not for sale to persons under the age of 18.

POOL MENU

PIZZAS

Caveman Pizza Salami, ham, bacon, green pepper & mushroom	R180
BBQ Rib Pizza Rib strips marinated in our own homemade BBQ sauce and grilled to perfection with peppers, onion, tomato and gherkins	R150
Bat Pizza Bacon, banana & garlic with avocado	R145
Hawaiian Pizza Ham & pineapple	R135
Beefmaster Pizza Beef strips, green pepper and mushrooms and onions	R150
Biltong Pizza Biltong shavings, red Onions, garlic, Avo, rocket, balsamic reduction	R180
FAB Pizza bacon, avocado, feta	R155
The Magnificent Chicken, rocket leaves, feta, peppadews and olives	R145
Chicken and Mayo Pizza Roasted chicken dunked in mayo and spring onions	R140
Bermuda Pizza Chicken, bacon, peppadew and feta	R160
Margarita Pizza Traditional mozzarella and cheddar cheese with Italian spices	R105
Vegetarian Pizza Olives, green pepper, mushrooms, baby marrow and rocket	R145
Build your own Pizza Homemade Pizza base with delicious Tomato sauce	R65
Ham, Bacon, Salami, Chicken	R35
Mix Cheddar & Mozzarella, Feta	R30
Olives, Mushrooms, Avo Rocket leaves, Baby marrow	R20
green Pepper, Peppadew, Onion, pineapple	R15

BURGERS

Made with 100% pure home-made beef patty or chicken breast, and served with chips and our home-made secret sauce on a seeded toasted bread roll

The “Flippen Lekker” Burger (A Must Have!) **R125**

Toasted seeded bread roll with a grilled beef patty, lettuce, cucumber and tomato with our secret sauce

Caveman Burger **R175**

Double beef or chicken burger, lettuce, cheese, tomato, gherkins, chopped onion, cucumber

Mushroom Burger **R135**

Single Burger patty or chicken breast with lettuce, onion, tomato, cucumber, and fried mushrooms or mushroom sauce

Cheese Burger **R135**

Single Burger patty or chicken breast with Double cheese, lettuce, chopped onion, tomato, cucumber and our secret sauce

Hawaiian Burger **R145**

Single Beef patty or chicken breast with lettuce, cheese, onion, tomato, cucumber, pineapple and our secret sauce

Sunrise Burger **R145**

Single Beef patty or chicken breast with bacon, egg, tomato, lettuce, cucumber, cheese and our secret sauce

Avo, Mushroom and Bacon Burger **R155**

Single Beef Patty or chicken breast with lettuce, chopped onion, tomato, cucumber, avocado, bacon, mushrooms or mushroom sauce

WRAPS

Made with our famous secret sauce, served with a small portion of chips or salad

Chicken Wrap R115

Grilled chicken, mushrooms, tomato, onions and lettuce

De-Boned Rib Wrap R125

Flame grilled de-boned rib, lettuce, cucumber, onion

Beef Wrap R130

Panfried beef strips with homemade basting sauce, green peppers, lettuce and onion

Smoked Salmon Wrap R135

Smoked salmon, cream cheese, onion, avo and rocket

LIGHT MEALS

Add chips or onion rings R30

Chef's Choice Ciabatta R155

Bacon, Chicken, Rocket, homemade Pickles, onions, cream cheese and chilli mayo topped with avocado slices

Classic Veggie Ciabatta R125

Grilled Vegetables, cream cheese, rocket, homemade pickles

Loaded Fries with R75

Bacon, Onions, Cheese

Green Pepper, Mushroom, Cheese R75

Poke bowl R125

sushi rice topped with edamame beans, onions, cucumber, avocado, teriyaki sauce and sesame seeds

Add Salmon R65

Add Chicken R45

Chicken liver Peri Peri R75

creamy chicken livers with green peppers and onion

Nachos R80

served with homemade guacamole and salsa

Add Chicken R25

Add Mince R25

Add Beef R30

Add Bacon R30

COMBOS & PLATTERS

Ribs & Calamari Combo R220

400g Flame grilled ribs with deep fried calamari and served with chips and tartare sauce

Rib And Chicken Wing Combo R220

400g Flame grilled rib pieces with pan fried chicken wings served with our secret sauce and chips

Cave Platter R220

200g ribs, chicken strips, chicken wings, jalapeno balls, chips, onion rings, sweet chilli and tartare sauce

Build Your Own Platter

(Allow 30-45min preparation time)

- Ribs (200gr) R75

- Chicken strips R60

- Chicken wings R65

- Beef strips R50

- Mini Meatballs R50

- Vianas R40

- Samoosas R40

- Spring rolls R40

- Pickled eggs R30

- Jalapeno balls R60

- Crumbed mushrooms R65

- Calamari R70

SALAD

Greek Salad R105

crispy lettuce, cucumber, tomato, feta, red onions, olives on a honey dressing

Add Calamari R45

Grilled Chicken Salad R145

Crispy greens, cucumber, carrots, sauteed mushrooms, bacon, croutons, parmesan shavings on a lemon vinaigrette

Farmer Salad R145

crispy lettuce, Biltong shavings, Beef strips, cucumber, tomato, carrots, sauteed mushrooms, onions on an Italian dressing

Calamari Salad R155

fried tentacles and tubes, crispy lettuce, cucumber, red onions, green peppers, tomato, lemon dressing

Salmon Salad R165

Thinly sliced smoked salmon served on a bed of green salad served with mayo and home-made dressing